



# EMPOWER MY VOICE workshop

**with Naaz Hosseini**

**Experience a joyous connection with your voice!**

**Sunday 9/18/11 12:00-3:00 pm**

**Lift Nyack Yoga & Wellness Center @ 42 Main Street, Nyack NY**

tuition: \$60

dress comfortably

advance registration required



845.512.8546

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LiftNyack.com

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